

Sanofi & Sehat Kahani collaborate to improve diabetes care in Pakistan

- * “Sanofi Humsafar” program to empower people with diabetes to better manage their condition
- * Educate people on diabetes management and offer counselling sessions through tele-medicine and on-site screenings
- * Empower home-based female doctors with knowledge of the latest trends and practices in diabetes management through capacity-building programs

Karachi, Pakistan. August 23, 2019. Sanofi Pakistan announced its collaboration with Sehat Kahani for elevating the standards of diabetes care among the underserved communities in Pakistan. At an MoU signing ceremony, both organizations pledged to implement a robust nationwide program through the 25 e-Hubs (clinics) managed by virtual doctors and qualified nurses of Sehat Kahani.

The *Sanofi Humsafar* program will have two components: (1) patient access to education, (2) counselling and screening services, particularly in remote areas.

Counselling sessions will touch upon various aspects of diabetes, including awareness about the manifold complications associated with diabetes. In addition, screening camps will offer BMI, HbA1c tests and Random Blood Glucose (RBG) testing.

Over the years, diabetes has become a public health issue, with 26%¹ of adult population of Pakistan living with diabetes. According to an estimate, in the MENA² region, Pakistan has the highest number of diabetes-related deaths & the highest number of undiagnosed people with diabetes. In underserved communities, due to lack of screening and testing facilities and absence of diabetes experts, people are generally unaware of the consequences and complications of poorly managed diabetes.

“Sanofi is a global healthcare company with a focus on offering integrated healthcare solutions that go beyond the provision of medicines. Our joint venture with Sehat Kahani will impart education, counselling and screening services to people living with diabetes or those at high risk of developing diabetes. The 1500 plus team of doctors at Sehat Kahani will also benefit from this partnership through training programs designed to build capacity of home-based female doctors”, said Laila Khan, Head of External Affairs at Sanofi Pakistan.

Sehat Kahani is a health-tech enterprise that aims to democratize healthcare by utilizing

this untapped pool of female physicians and connecting them with underserved patients, providing them with affordable and quality healthcare services using tele-medicine. To date Sehat Kahani has served more than one million patients through a portfolio of 25 e-Health clinics across Pakistan, various health education projects with leading corporates, the Sehat Kahani Mobile App and a network of 1500 PMDC-certified female doctors.

Dr. Iffat, Chief Operating Officer of Sehat Kahani said, *“It is exciting to work with liked-minded health partners such as Sanofi in improving healthcare in Pakistan. Our expertise combined with the expertise and value Sanofi is bringing to the table for this project will translate into better patient outcomes and will eventually combat the burden of non-communicable diseases in Pakistan”.*

The program is expected to benefit a number of patients across Sindh, KPK, Punjab and Balochistan region.

About Sanofi Pakistan

Sanofi, Pakistan, is a healthcare company dedicated to promote health and wellness through innovative healthcare solutions. Operating in Pakistan since 1967, our mission is to enhance the quality of life of the greatest number through providing a continuum of care by answering unmet medical needs of the community and promoting access to quality healthcare.

About Sanofi

Sanofi is dedicated to supporting people through their health challenges. We are a global biopharmaceutical company focused on human health. We prevent illness with vaccines, provide innovative treatments to fight pain and ease suffering. We stand by the few who suffer from rare diseases and the millions with long-term chronic conditions.

With more than 100,000 people in 100 countries, Sanofi is transforming scientific innovation into healthcare solutions around the globe.

Sanofi, Empowering Life

Media Relations Contact

Laila KHAN

Head of External Affairs

Tel.: +92 31 35060221- (Ext-2468)

Email: Laila.khan@sanofi.com

¹ Basit A, Fawwad A, Qureshi H, et al. Prevalence of diabetes, pre-diabetes and associated risk factors: second National Diabetes Survey of Pakistan (NDSP), 2016–2017. *BMJ Open* 2018;8:e020961

² IDF Diabetes Atlas Eighth Edition 2017